



Meeting Minutes CM Quarterback Club



Location: CMHS Cafeteria

Date: 1/10/22

Time: 7:00

Call to Order

A monthly meeting of CM Quarterback Club was held on 1/10/22. It began at 7:01 pm and was presided over by Jen McMahon.

Attendees

Voting members in attendance included Jen McMahon, Jen Evans, Renee Hillebrand, Jamie Bails, Shannon Cimarolli, Denielle Bickmeier, Sam Campoli, Vic and April Baxxter, Jen Kasper, Becky Livesay, Dana Sabatucci, Michelle Kraynak, Chris Kraynak, Melanie Casella, Denine Cyrilla, Ryan Pabis, Kari Katreeb, Val Blatt, Jackie Williams, Mitch Dexter, Tom Freund, Matt Singleton, Brian Lawrence, Andy Blatt, Angela Keefer, Megan Ward.

Agenda Items

1. Introduction of Board Members
2. Treasurer's Report
 - a. Finances available upon request
 - b. 10,500 in account
 - c. 80,000 goal this year
 - d. Cal Camp = \$20K roughly
3. 2021 Fundraisers
 - a. SuperBowl Pool - \$1250 profit
 - b. Sarris Easter Candy Sale
 - c. Cash Bash \$20K - start selling in early February
 - i. St. Patricks Day Friday night will be day of event
 - ii. Looking for big prize donations
4. Sponsorships
 - a. we send out letters to businesses for different packages
 - b. that will be coming out soon
5. Class liaisons - for communication and small job duties

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- a. Senior liaisons - Jen Kasper, Becky Livesay
- b. Junior class - Jackie Williams, Ellie Calgaro
- c. Sophomore class - Denine Cyrilla, Allie McGowan
- d. Freshman class - Danielle Bickmeier, Dana Sabatucci

6. Community Service

- a. We try to give back to the community since they sponsor us
- b. Look for Sign-Up Genius in Sunday emails
- c. Feb 19th - Canonsburg Food Bank
- d. At least once a month to give back to community
- e. We are open to suggestions for community service ideas
- f. School Spirit Days - football team to support other sports like they support us; wrestling, boys basketball, girls basketball

7. Committees

- a. Middle School Concession Stand
- b. Sponsorships
- c. Media Guide
- d. Photographer/Videographer
 - i. Need JVA and JVB home and away
 - ii. Need to have your own equipment at this point

8. Communication

- a. website
- b. facebook
- c. twitter
- d. Sunday email

9. Registration for grades 7-12 will be online hopefully by February 1st

10. Coach Evans Comments

- a. Remind app is how Coach communicates with players; if your kid is interested in playing have him join the remind app;
- b. GameChanger app for games - parent volunteer for that?
- c. Hudl - each player has an account; parents don't
- d. Video playbook - First Down Playbook with Screencastify; entire playbook given out to entire team last year; Google Drive through CM email; will get playbook in August when we know who is committed
- e. CM kids are tough; they don't quit; the harder they're pushed the more the kids loved it; 4th Quarter program;
- f. Cal Camp - will bring the freshman to Cal with varsity team
- g. Should be lifting in the off-season if you want to improve; if you play another sport you should be lifting with them at least a few days a week in season; Morning lifting sessions

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- for kids who want to lift in the morning bc they have another practice after school;
- h. Sleep, hydration, nutrition is important as well as lifting
 - i. 5 6A teams; he's against going to play the Erie teams; cost of busing and transportation will be huge
 - j. Transition between 8th and 9th grade = hardest thing;
 - i. Kids are going to have to be patient - maybe 1 freshman will find their way onto the varsity field but it's the exception, not the rule.
 - ii. Brandon Charriere head 7th grade coach understands system, verbage, and we want them to learn our system; we want to develop players;
 - iii. Eric McMahon - 8th grade coach; is trying to cultivate the 8th grade to help smooth the transition to HS;
 - iv. We are cognizant of freshman/senior difference in level
 - v. Freshman team
 - 1. Positives - more playing time for more kids against other freshman only; tougher schedule; less time commitment than if they were rolled into varsity practice schedule; can pull 8th graders up to freshman level; best to leave all freshmen down not take the top freshmen away from that team;
 - 2. Negatives - they're not with the varsity coaching staff and players; Once a kid is declared a freshman football player, they can't pay up that season
 - vi. Freshman vs JVB decision needs to be made by end of January
 - 1. JVB Freshman/Sophomore dominated - more for development than to win
 - 2. JV - best of the rest that don't play Friday night; development and playing to win/compete
 - 3. Varsity - Best play; play to win

Q & A

1. **Q:** Spring/summer sports - what if you're on an AAU team? **A:** We try to work around things like Pony World Series and baseball, lacrosse as best we can but when its football season, we expect football to be the priority. We understand that AAU is important for recruiting in baseball and other sports. Love multi-sport athletes. Kids will lift in football gym (9th period gym class) Not going to say you can't play but "best ability is availability". Someone else is playing in your spot when you're not there.
2. **Q:** Summer gym vs. Regular Gym **A:** I don't like summer Gym, take Summer Health. Football gym is really good for the lifting aspect. Not every kid will be able to get into football gym 9th period.
3. **Q:** What will be the lifting schedule for incoming freshman? **A:** Wanted to open up the morning and afternoon times for incoming freshman if there's enough room. May also find a separate time for rising freshman only 2x a week but he doesn't think thats enough days/week. Could get a bus to bring them up from MS right after school. I don't want kids to just lift with their dad or go to Planet Fitness - they need to be with the team. They can do extra with dad but team lifting is first. He's going to look at the numbers this week and let freshman know via Remind app.

Action Items

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1.

Other Notes

1. General Membership Meeting adjourned at 8:19
2. Next meeting tentatively scheduled for Feb --- could be a zoom/Google Meet depending on weather

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